

Covid-19 Isolation & Quarantine Guidance

Positive for Covid-19	 Isolate for 5 days at home after symptoms begin OR starting on test date if no symptoms Return to school on day 6 if symptoms have improved and fever-free for 24 hours. Wear a well-fitting mask at home & in public for 10 days 	
Have Covid-19	 Negative test OR 	
symptoms	 Isolate for 5 days OR 	
(see RCLS home-	 Have an alternate diagnosis from a physician 	
screening guide)	AND	
	 Return to school if fever-free for 24 hours and symptoms improved 	

*In the case of exposure to Covid-19, the CDC offers different recommendations based on vaccination status. A fully vaccinated individual is one who has had full primary series of Covid-19 vaccine and a booster if/when eligible.

Student is	*Fully Vaccinated or Was Positive for Covid-	Unvaccinated
	19 in past 90 days	
Close Contact of	 No quarantine is required if no symptoms 	 Quarantine from school for 5 days.
someone positive for	are present.	 Test on day 5.
Covid-19	 Testing is recommended on day 5 after 	 Return to school on day 6 after exposure if test is
	exposure.	negative and symptoms are not present.
	 Wear a mask through day 10 & watch for 	 Wear a mask through day 10 & watch for symptoms.
	symptoms.	
Household Contact	 No quarantine is required if no symptoms 	 If student is unable to isolate from positive
of someone positive	are present.	household contact, quarantine from school for 5
for Covid-19	 Testing is recommended on day 5 after 	days plus an additional 5 days
	exposure.	 Test on day 10
	 Wear a mask through day 10 & watch for 	 Return to school on day 11 if test is negative and
	symptoms.	symptoms are not present.

Source: https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html