

## Rochester Central Lutheran School

# RCLS PAW PRINT

January 21, 2010

**Preparing for tomorrow with a Christ-centered education today!**

RCLS is a ministry of Family of Christ, Grace, Holy Cross and Trinity Lutheran churches.

### DON'T FORGET!

January 22—K-2  
Dance Night, 6:30-  
7:30 pm

January 29—No  
School



### MR. PAHLKOTTER'S THOUGHTS...

*"These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates."*

*Deuteronomy 6:6-9*

What is the most loving thing you can do for your children? The words of Deuteronomy give us a clue. The most loving thing a parent can do for their child is to teach them the truth...sharing God's Word with our children so that the Holy Spirit may grow them as people of faith...even when we have to say they are wrong and hold our children accountable for their actions.

Sometimes God's Word is not what we or our children want to hear. God's Word points out that we fall short of His glory and we fail in sin. God's Word points out that there is nothing you or I can do to change our state of sin except to believe and this is from the workings of the Holy Spirit in our lives. It is only Jesus who takes away the sins of the world. It is only Jesus who gives us the assured hope of Heaven. It is only by His grace that Heaven is our home.

When God's Word points out that we have fallen in sin, it points us to the solution...the only solution...Jesus. It shows our need for the Savior...which in fact is one of the most loving things one can do other than what the Lord Jesus already did on the cross.

Love your children this week. Share God's Word with them.

In the name of the Living Stone, Jesus,

Henry G. Pahlkotter, II  
RCLS Principal

**PARTNERS IN CHRIST PARENT MEETINGS:** Don't forget to attend one of the Partners in Christ meetings this coming week on Tuesday, January 26, at 12 noon OR Thursday, January 28, at 6:30 pm. Current families, this is your opportunity to re-enroll and to save yourself \$25 per student on the re-enrollment fee. Both meetings will last no longer than one hour.

Keep these words...  
in your heart:  
Decite them  
to your children...



### Special points of interest:

- Sports Update
- Super Bowl Subs
- GATEway Science Fair
- Auction 2010
- Family Dance Night
- H1N1 Vaccination
- February –Dental Month
- Grace Lutheran Mission Dinner
- Music Department Needs
- Much, much, more!

January 22	- K-2 Dance Night, 6:30-7:30 pm
January 23	- Ski/Snowboard Trip, 8 am—5 pm
January 25	- Board of Directors, 6:15 pm
January 26	- Partners in Christ meeting, noon, gym
January 27	- Grade 4 to sing at Chapel
January 28	- Last day of 2nd Quarter, 41 days
	- Partners in Christ, 6:30 pm, cafeteria
January 29	- No School—Records Day
January 30	- 7/8 Boys/Girls BB at Mustang Classic in Winona
February 1	- Community Open House, 5:30-7:30 pm
February 3	- Grade 1 to sing at Chapel
February 7	- Multiplication Mania, 6-7:30, cafeteria
February 6	- Ski/Snowboard Trip, 8 am—5 pm
February 10	- Grade 2 to sing at Chapel
February 12	- Parent Transport to school
Feb. 12-14	- RCLS Invitational Basketball Tourney
February 15	- No School—President's Day
February 17	- Ash Wednesday
	- Grade 5 to sing at Chapel
February 20	- Ski/Snowboard Trip, 8 am—5 pm
February 21	- Kindergarten 100's Day Museum
February 24	- Grade 3 to sing at Chapel
February 26	- Gr. 4 Presidents Day Celebration
March 7-13	- National Lutheran School's Week

**PRAYING FOR OUR FAMILIES** Each school morning (except Wednesdays) your children's teachers gather for devotions. The teachers and pastors take turns leading those devotions. We are praying for all the families at RCLS on a rotation basis at these devotions. We invite you to share special needs for which you would invite our prayers by getting these requests to any teacher or office staff member. The week of January 25 we pray for Sherry Hoffmann (Brittney), Fred & Brenda Holmen (Katherine, Corbin), Deven & Marlina Hui (Kaitlyn), Denel Ihde, (Allyssa), Luke Ihde, Kimberly Jacobs (Memory), Douglas & Denise Jans (Adam, Emily), Arden & Diane Jedlicka (Andrew), and Matt & Sue Jenkins (Meredith).

**SUPER BOWL SUBS:** Order your sub sandwiches for your SUPER BOWL party! **Trinity youth** are making subs as a fund raiser for their trip to The National Youth Gathering in July. You may place your order by filling out the form attached to this week's PAW PRINT. Please attach your check to the form and return it to the school office. Sandwiches can be picked up at Trinity on Saturday, February 6, after the 5:30 pm service (6:30ish). You may also pick up your sandwiches on Sunday morning, February 7, between services or after late service.

Did you receive your **RE-ENROLLMENT MAILING?** It was mailed to your home on January 7. If you did not receive it, please contact the school office. Thank you!

The **RCLS Library is looking to RELAX...on some CHAIRS.** If you have a recliner/easy chair you could donate to make our library cozier, we are interested! Please contact Mr. Nelson at 289-3267 ext. 111 or e-mail a picture of the chair(s) to [conelson@rcls.net](mailto:conelson@rcls.net). Thanks!

### IN OUR THOUGHTS AND PRAYERS

...Mrs. Teresa Koski (Dennis, Zachary) whose sister entered her heavenly home on January 13.

## FEBRUARY—CHILDREN'S DENTAL HEALTH MONTH

Brushing at least twice a day and routine flossing will help maintain a healthy mouth. Kids as young as age 2 or 3 can begin to use toothpaste when brushing, as long as they are supervised. Kids should not ingest large amounts of toothpaste — a pea-sized amount for toddlers is just right. Parents should always make sure the child spits the toothpaste out instead of swallowing.

As your child's permanent teeth grow in, the dentist can help seal out decay by applying a thin wash of resin to the back teeth, where most chewing occurs. Known as a sealant, this protective coating keeps bacteria from settling in the hard-to-reach crevices of the molars.

Although dental research has resulted in increasingly sophisticated preventative techniques, including fillings and sealants that seep fluoride, a dentist's care is only part of the equation. Follow-up at home plays an equally important role. For example, sealants on the teeth do not mean that a child can eat sweets uncontrollably or slack off on the daily brushing and flossing — parents must work with kids to teach good oral health habits.

Sponsored by Olmsted County Public Health

Source: [www.healthykids.org](http://www.healthykids.org)

**MR. PAHLKOTTER WILL BE AT TRINITY THIS SUNDAY!** If you attend Trinity and see him, make sure to go out of your way to say hello.

## It's Time to Prepare for the RCLS Auction!

As one of the largest fundraising events at RCLS, the annual RCLS Auction is a very important event for our school. With much thanks to our volunteers and families, we are able to continue to have a successful auction each spring.

Scheduled for April 17, 2010, the auction is quickly approaching! We are seeking volunteers in several areas to help us have another successful auction in 2010! Please read through the volunteer list below and contact Diana Evans at 289-3267, ext. 409 or by email at [dievans@rcls.net](mailto:dievans@rcls.net) to let her know how you would like to help. Volunteer sign up sheets will also be available on a table outside the school office.



*Thank you for helping RCLS continue our mission!*

### **Auction Volunteers Needed:**

- Six Bid Entry Volunteers (April 17, 4:30 pm – 6:30 pm)
- Four Head Table Cashiers (April 17, 6 pm – 9 pm)
- Six Silent Auction Retrieval Volunteers (April 17, 6:30 pm – 9 pm)
- Twelve Gift Certificate Monitors (April 17, 5:45 pm – 6:15 pm)
- Four Babysitters (April 17, 6 pm – 7 pm and 7 pm – 8 pm Two volunteers per shift)
- One or Two Balloon Sales and Delivery Volunteers (April 17, 2:30 pm – 6 pm)
- Twelve or More Cleanup Workers (April 17, 8:30 pm – 9:30 pm)
- Four Bidder Number Registration Volunteers (April 17, 2:30 pm – 4:30 pm and 4:30 pm – 6:30 pm - Two volunteers per shift)
- Eighteen Setup and Bid Sheet Prep Volunteers (April 15, 4 pm – 6 pm; April 16, 4 pm – 6 pm and 6 pm – 8 pm; and April 17, 9 am – 12 pm and 12 pm – 2 pm - Six volunteers per shift)
- Silent Auction Set-Up Volunteers (more details to follow)
- Decoration Volunteers (more details to follow)
- Room monitors (more details to follow)

If you would have the computer skills to learn the auction software and would be interested, please contact Matthew Wingren at [mwingren@gmail.com](mailto:mwingren@gmail.com).



### **GATEway Science Fair**

If you are a student in grades 2-6, then the GATEway Science Fair is for you! This is your chance to learn what it is like to be a scientist! You'll think of an experiment and do it at home. Then you'll make a display board showing how you did your experiment and what happened. You will bring your board to the GATEway Science Fair, get a cool science fair t-shirt, and explain your project to reviewers. You'll also get to enjoy a fun presentation by the Science Museum of Minnesota!

The science fair will be held on Saturday, March 6, 2010, from 12:30 to 4:45 pm at the Mayo Clinic Gonda Building. Public viewing starts at 4:00 p.m. Register now through the Winter Community Education brochure or online at [www.rochesterce.org/youth](http://www.rochesterce.org/youth). The \$8 registration fee includes a t-shirt if registration is mailed by February 10, 2010. If space is available, late registrants will be accepted at full fee but might not receive t-shirts. See [www.rochestergateway.com](http://www.rochestergateway.com) for rules and additional information. Financial aid may be available to help with the costs of preparing a project. Contact Diane Hanson at 281-1498 or [gatewaysciencefair@gmail.com](mailto:gatewaysciencefair@gmail.com) with questions.

## THIS 'N THAT

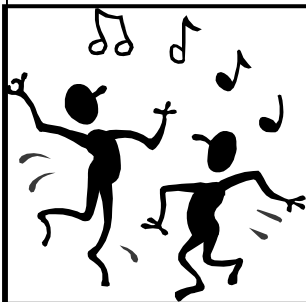
.....Grace Lutheran Church will host a **mission dinner featuring foods from around the world on Sunday, January 24** starting at 11:30 am. Church services are at 8 and 10:30 am. Perhaps you might join us for our 10:30 service and then remain to enjoy great food and wonderful fellowship. Hope to see you there!

...If you ordered a DVD of *The Good News Christmas Cruise* and indicated you would pick it up in the office—they have arrived! Please stop in to secure your copy soon!

...Do you have "stuff" to clean out? Our **3rd-5th students have been learning about the rhythmic group "STOMP"** in music class. Our operetta will have a little flavor of STOMP in it and **we are looking for some things** to help us make music. Donated items can be given to Mrs. Engelmann. Thank you for your help.

- 5 Gallon heavy plastic bucket
- steel horseshoe
- Tall plastic kitchen trash can
- 12-muffin cooking tin
- 8-9-inch cake pan
- metal pie pans (24 or them)
- 5 stiff-bristled, long-handled push brooms
- 6-8 foot aluminum stepladder
- section of wire shelving
- metal gate (section from outdoor fence)

## Family Dance Night



Families of students in Kindergarten – Grade 2 are invited to a night of folk dancing on **January 22 from 6:30- 7:30 pm** in the RCLS gymnasium. **If you can walk, you can dance.** We will teach you everything you need to know during the evening. **Dancing is a great way to enjoy the community of our RCLS family, exercise and have FUN!!** Please see Mrs. Engelmann or Mrs. Peter with any questions.

**P.S. Remember to bring all the members of your family... even the ones who say they can't dance.**

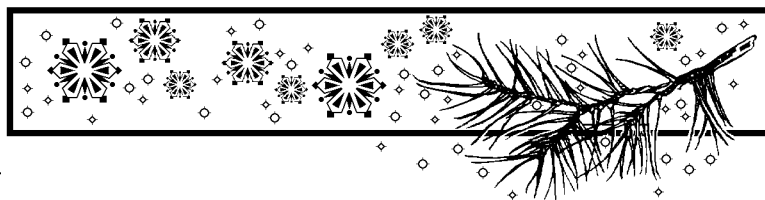
## H1N1 Vaccinations

Getting vaccinated for H1N1 is still being advised for all school-aged children. You or your child can receive the H1N1 vaccination at Olmsted County Public Health Services (OCPHS) during regular immunization clinic hours. If your child is under the age of 10 and received the first dose of the vaccination greater than 21 days ago, he or she is eligible to receive their second dose. If you have any questions regarding H1N1 please call OCPHS at 507-328-7500.

Walk-in OCPHS Immunization Clinic Hours:

Mondays	1:00 to 4:30 pm	Location:
Tuesdays	8:00 a.m. to Noon and 1:00 to 4:30 pm	2100 Campus Drive SE
Wednesdays	1:00 to 4:30 pm	Rochester, MN 55904
Thursdays	8:00 a.m. to Noon and 1:00 to 4:30 pm	
Fridays	8:00 a.m. to Noon and 1:00 to 4:30 pm	

**Grace Youth Ministries** will be selling **SUB SANDWICHES** to raise funds for the 2010 National Youth Gathering in New Orleans. An order form is attached to the Paw Print. If you would like to order subs, please fill out the form and leave in the school office. Subs may be ordered for yourself, or to donate to the Hope Lodge or The Gift of Life Transplant House. Subs may be picked up at Grace Lutheran on Feb. 6 or Feb. 7. For questions, contact Miss Kim Schauer.



## SPORTS UPDATE

The RCLS **6th grade boys' Bobcat basketball team** competed in the Lourdes Tournament on Saturday, January 16, losing their first game to the St. Francis Ravens, 11 to 21, but winning their consolation game against the St. John Cougars, 29 to 14. Although they led the Ravens 4 to 3 after the first quarter, the Bobcats were held to seven points for the rest of the game while the Ravens scored six points in each of the last three quarters. Kyle Wernstrom scored six points for the Bobcats, Jack Stien and Nathan Eide each had two, and Jonathan Hickman put in a free throw. Yoav Rodriguez, Matthew Captain, and Jackson Gerber helped defensively to hold the Ravens to less than half the 44 points that the Ravens scored in their previous encounter with the Bobcats.

In their consolation game victory against the Cougars, the Bobcats pulled away from a 2 to 2 first quarter to lead the Cougars by six at the half, by 11 after three quarters, and by 15 (29 to 14) as the contest ended. Nathan Eide led the Bobcats with 13 points (including five free throws), followed by Kyle Wernstrom with 12, and Jackson Gerber and Jack Stien with two points apiece. Matthew Captain, Yoav Rodriguez, and Jonathan Hickman helped their teammates to frustrate the Cougar offense and secure the win.

The **5/6 grade girls team** has 7 wins and 5 losses after our weekend Lourdes Tournament. To go back a few games we played on January 9 against Shaeffer winning 26 -6. Lexi Boldingh scored 4 points, Lauren Heaton scored a team high of 18 points, Rachel Tomasek scored 2 pts and Lauryn Greenfield scored 2 pts to help the team win the game. On January 12 we traveled to Plainview. Lexi Boldingh scored 2 points, Emily Lindquist scored 6 points, Lauren Heaton scored 6 points, Rachel Tomasek scored 2 points and Melanie Boisen scored 4 points to help lead our Lady Bobcats to a 19-6 win over Plainview. On January 14 we played Resurrection at home, helping the team to our 31-5 victory. Scoring were Lexi Boldingh with 5 points, Emily Lindquist with her season high of 10 points, Lauren Heaton 12 points, Rachel Tomasek 2 points, and Melanie Boisen with 2 points.

Now the Lourdes Tournament. It was a great weekend of basketball for our 5/6 grade girls. They have all improved on their basketball skills this season and are doing a great job. The girls played our first game at 8 am against St. Francis. The girls started out a little slow but we warmed up and won the game 14-4. Helping the team to our first win Lexi Boldingh with 4 points, Emily Lindquist with 2 points, Lauren Heaton with 4 points, and Melanie Boisen with 4 points. Our second game was at 9:30 against a very tough Holy Spirit team. The girls got off to a great start keeping the Holy Spirit girls from scoring in the first quarter. At the end of the second quarter it was tied 9-9 going into half time. Although the girls put further a strong effort they were not able to hold Holy Spirit. We lost our second game 9-21. Scoring for our team Emily Lindquist with 3 points, Lauren Heaton with 4 points and Melanie Boisen made two free throws for 2 points. Our last game of the day was at 11:50 against St. Johns Blue. It was great to see all the girls working as a team. We won the game 27-13. Those that scored were Lauren Heaton with 10 points. Rachel Tomasek WITH 6 points, and Melanie Boisen with a season high of 10 points. Our next Tournament is February 6. Go Bobcats!!

### **RCLS on GiveMN.org**

RCLS is now represented on the web site [www.GiveMN.org](http://www.GiveMN.org)! You can access the "Donate Now" button on the RCLS web site ([www.rcls.net](http://www.rcls.net)) that will lead you directly to the RCLS page on GiveMN.org. Or you can go to [www.givemn.org](http://www.givemn.org) directly. When you log into the site, there is a box in the right corner that says, "Donate." By typing Rochester Central Lutheran School into the "Find a Nonprofit" box, you will find the RCLS page on the site. This a great tool for RCLS to raise funds! Whether it is \$1 or \$100, it all makes a big difference at RCLS! Please visit our site and pass the information along to your friends and family!

The RCLS GOLF OUTING Committee would like to invite you to the **RCLS GOLF OUTING** on August 27, 2010! In years past, this event has been a lot of fun for those who are avid golfers and those who are not! Please join us for a day of golf and fellowship at Willow Creek Golf Course. For a brochure and registration information, please see Marty Mack or Marc Woolman. Registrations and hole sponsorships are now being accepted!

The drama department at RCLS is gearing up for our next production, **DISNEY'S ALADDIN JR.** Welcome to Agrabah, City of Enchantment, where every beggar has a story and every camel has a tail! All of your favorite characters are here in this stage adaptation of the Disney hit, including Aladdin, Jasmine, and of course, the Genie. Filled with magic, mayhem, and flying carpet rides, audiences' spirits will soar with excitement. The play will be presented on March 19, 20 at 7:00 pm and March 21 at 2:00 pm in the RCLS gymnasium. Tickets will go on sale March 15 in the school office and will be available at the door.