



RCLS Extra-Curricular Participation Form

Thank you for representing RCLS in the area of extra-curricular activities! Our programs are based on responding to what Christ has done for us. We are proud to represent our Savior! Please fill out this form carefully and completely, then sign below. It must be signed **before** a student is permitted to participate in any athletic practices. Please turn this form into the office or Mr. Rudzinski (athletic committee) before attending a practice.

Name: _____ Today's Date: _____

Address: _____ Current Grade: _____

_____ Date of Birth: ____/____/____

Home Phone Number: _____ Work number: _____

Parent/Guardian	Parent/Guardian
Name: _____	Name: _____
Best contact phone number: _____	Best contact phone number: _____

Emergency Contact: _____ Phone: _____

Family Doctor: _____ Phone: _____

Allergies and/or other health problems of which we need to be aware:

I, the parent/guardian of _____, who is a student at Rochester Central Lutheran School, hereby agree to abide by the policies and standards of the RCLS extra-curricular programs. I accept the risks, hazards, and dangers inherent in such activities and in the training and preparation for travel to and from such activities. I understand that it is the responsibility of each participant to participate only in those activities for which he/she has the prerequisite skills, qualifications, preparations, and training.

I understand if my child qualifies for an athletic/sports team, I will assume all risks of damage or injury. I further agree to hold the Board of Directors, RCLS and its employees, harmless and free from liability for any personal injury resulting from this activity. I further hereby consent to allow my child to receive medical treatment, which may be deemed advisable in the event of injury, accident, and/or illness resulting from or arising out of my child's participation in athletic/sports activities and related events.

I also agree to uphold and support the expectations of Christian sportsmanship.

Parent/Guardian Signature: _____ Date: ____/____/____

Athletic/Sports activities include extra-curricular and intramural flag football, cross country, soccer, volleyball, basketball, softball, track, and cheerleading.

(please turn over—more on back)

RCLS Athlete/Participant Personal Goals

As a participant in Extra-curricular activities at RCLS, I realize that I have many responsibilities. First of all, I am a child of God and represent Him by my conduct in and out of school. Secondly, I must do my best academically before I am allowed the privilege of participating in an activity. Finally, I agree to strive to serve others and give God the glory.

My goals for this year:

1. _____

2. _____

3. _____

RCLS Extra-Curricular Eligibility

The eligibility policy for extra curricular activities is contained in the Parent Handbook and applies to all extra-curricular programs at RCLS. The Athletic Department of RCLS supports and upholds this policy and anticipates parental support as well.

I, the parent/guardian of _____, have read the policy for eligibility for extra curricular activities at Rochester Central Lutheran School. I understand and support the policy as it applies to my child.

I have discussed the goals above and plan to support my child this year in his/her endeavors at RCLS!

Parent/Guardian Signature

Student's Signature